

BUILDING A STRONG MARRIAGE



STEP ONE

Discover God's Design for Marriage

We must understand that every marriage is intended to be a masterpiece reflecting THE marriage between God and His people. Marriage is the most frequent metaphor used in the Bible to describe God's relationship with His people. In fact, writing to the Ephesians, Paul called marriage a "profound mystery" because the man represents Christ, the groom, while the woman represents His bride, the church. The marital union of husband and wife is a sacred reflection of the gospel itself.

STEP TWO

Commit to a Covenant Marriage

Today's civil marriages are much like business contracts—easy to get into and easy to get out of. God's covenant with His people was a promise to remain eternally faithful even if His people were not faithful in return. In covenant marriage, both spouses are committed for a lifetime—in sickness and health, for better or worse. They do not threaten divorce or consider it as an option.

STEP THREE

Pursue a Passionate Marriage

God calls us to pursue a passionate, thriving marriage. The Song of Solomon expresses the kind of love, joy and celebration God designed for marriage. That passion is built on much more than infatuation and sexual desire. It is rooted in the physical, emotional and spiritual intimacy God created couples to experience as a foretaste of the eternal unity, communion and intimacy we can have with God. Prioritize a routine like date nights to fan the flame of intimacy in your marriage.

STEP FOUR

Become Heroic in Marriage

Christ made the ultimate sacrifice to rescue humanity. Writing to the Ephesians, Paul connected Christ's sacrifice directly to marriage: "Husbands, love your wives, just as Christ loved the church and gave himself up for her" (Ephesians 5:25) and "Now as the church submits to Christ, so also wives should submit to their husbands" (Ephesians 5:24). In other words, mutual submission to one another requires giving up our own interests to heroically serve the other person.

STEP FIVE

Fight for Your Marriage

Every couple will mess up. Too often, however, they also choose to give up. Throughout scripture, God fights for His relationship with His people, remaining faithful in the face of unfaithfulness. He forgives again and again. No couple can avoid strife and arguments, but we can avoid giving the "devil a foothold" in our marriages by keeping short accounts and quickly restoring the relationship regardless of what happens. Prayer is a key part of fighting for your marriage. Statistics from Gallop and the National Association of Marriage Enhancement reveal that when couples pray together on a daily basis less than one percent would end up getting a divorce.

GOING FURTHER RESOURCES

LOVOLOGY: GOD. LOVE. MARRIAGE. SEX. AND THE NEVER-ENDING STORY OF MALE AND FEMALE by John Mark Comer

Gives a biblical vision for sexual intimacy and marriage and tackles difficult questions related to human sexuality.

LOVE AND RESPECT by Dr. Emerson Eggerichs

Helps couples appreciate and meet their mate's greatest need.

THE FIVE LOVE LANGUAGES by Gary Chapman

Helps couples understanding and speak their mate's "love language."

HAVE A NEW SEX LIFE BY FRIDAY by Kevin Leman

Encourages married couples to pursue the joys and pleasures of sexual intimacy.

GOING FURTHER SUPPORT

MARRIAGE IDEA CARDS

Free resources and date night ideas available at the Family Center or at hcbc.com/Family

REENGAGE

ReEngage is a ministry that offers hope to marriages by helping couples move toward oneness through stories of grace, teaching and small groups. ReEngage utilizes small groups led by qualified facilitators offering support, openness and scripture guided conversations rather than giving advice. For more info go to hcbc.com/marriage

SMALL GROUPS

Hill Country believes that we are better together and we need one another to continually grow, learn, and mature in Christ through all stages of life. We build that community through small groups. For more info and to get connected, visit hcbc.com/groups

COUNSELING AT HILL COUNTRY

Hill Country Bible Church has the vision to offer professional counseling along with excellent pastoral care to help those in need find an anchor to weather the storms of life. Life's burdens can be so heavy to carry at times, and we find ourselves needing support and guidance. As a ministry of Hill Country Bible Church, we want to come alongside you in your time of need and embrace the power of community on the road of healing. For more information, please visit hcbc.com/counseling