



DEVICE & APP RESOURCES

Dr. Fone by Wondershare (drfone.wondershare.net)

Windows PC and Mac program that allows you to recover deleted text messages, contacts, and images from iOS and Android phones. Does not work with all Android phones but we have had consistent results with iOS.

Norton App Lock (Android only)

Easily restrict access to apps on Android phones. Great for younger children that may need access to a phone but not a camera, Facebook, web browser, etc.

Bark (iOS, Android, & Kindle)

Monitors texts, YouTube, email, and all major social media apps. Provides automatic alerts if your child's device shows signs of cyberbullying, depression, online predators, and adult content.

Covenant Eyes (iOS & Android)

Accountability app that provides reports and screenshots to parents or accountability partners. Covenant Eyes can also block and restrict content for an additional cost.

Google Family Link for Parents (Android only)

Google Family Link allows you to view your child's account activity, manage the apps on their device, set time limits, and lock their device. However, most of these features go away when your child turns 13 years old. Requires a Google account for your child.

Qustodio (iOS, Android, & Kindle)

Monitor what your children are doing online, filter inappropriate content and porn, set time limits for games and apps, view activity on major social media platforms, and track calls and texts.

Boomerang Parental Controls (iOS & Android)

Set per day and per app time limits, monitor text messages, limit incoming calls, prevent inappropriate apps from being installed, and safe browsing with internet filters.

Mobicip (iOS, Android, Kindle, Chromebook)

Internet filtering with browser history, limit screen time, block inappropriate apps, and location tracking.

Questions? Email your questions to questions@braveparenting.net or text to **(210) 504-9731**

