

# Kinder-5<sup>th</sup> Grade Activities

Week of September 20, 2020

## You Are...

*Made to Create: an activity that explores ideas through the process of drawing, building, designing, and problem-solving*

What You Need: paper, crayons/markers, and scissors

What You Do:

- Pass out a piece of paper to each kid.
- Fold the paper 3x in order to create 8 cards.
- Cut along the folds.
- If needed, help them write **You Are** and then draw a blank line underneath on each card.
- Explain that they will write one thing they love about a friend on the blank line and give the card to that friend as a way to encourage them.
- Instruct the kids to decorate the other side of all eight cards with whatever supplies you have.
- When finished, talk about how you could deliver or mail their cards.

What You Say:

“Raise your hand if you like to receive notes from a friend. *(Pause.)* Me, too! This week, we’re learning that **friends encourage one another**. One way we can encourage our friends is to give them a sweet note. On your cards, we wrote, ‘**You are** . . . blank.’ I want you to think of a friend you could give one of these cards to and fill in the blank as a way to encourage that friend.

“You might say, ‘**You are** good at math,’ or ‘**You are** patient with your sister.’ What are some other things you could write to a friend on these cards? *(Pause as they share some answers.)*

“So that’s the challenge this week! Since **friends encourage one another**, let’s do just that by giving out notes of encouragement to our friends! Do you think we could send out all eight cards?”

*Make it Personal- Share a time when you were sad and a friend encouraged you and helped you feel better. Maybe they wrote a note, prepared a meal when you were sick, gave you a thoughtful gift, or told a silly joke to cheer you up.*